



# hey girls...

# we're good for the NHS...



## how the Robert Jones and Agnes Hunt hospital partnered with hey girls...

The Robert Jones and Agnes Hunt Orthopaedic Hospital (RJAH), one of the first trusts in England to supply free period products to staff, first partnered with Hey Girls in early 2023 as part of the trust's cost-of-living support programme.

The trust employs more than 1,700 staff – with over half of those requiring period products.

All staff have access to the products, helping take away the stresses of being caught short while on shift and ensuring everyone can have a dignified period.

### healthcare sector



NHS



### period dignity at work



## the need...

RJAH prioritise the wellbeing of their colleagues and aim to ensure staff are treated with empathy, dignity, and respect.

They initially launched cost-of-living support in the autumn of 2022, with a series of measures designed to help staff navigate the cost-of-living crisis which has overwhelmed the country, and are delighted that free period products are now part of this programme.

## the impact...

This is a small but significant step to addressing women's health in the workplace. Periods are a normal part of life and providing free period products for emergency situations can make a big difference to staff's comfort and wellbeing.

## the products...



Hey Girls disposable pads and tampons are now available in staff washrooms across the hospital site, both on the wards and within specific departments.

**“providing free period products for emergency situations can make a big difference to our staff's comfort and well-being.”**

Olivia Evans  
Improvement, Innovation and Effectiveness Facilitator RJAH

## from the team...

“We work within almost 30 trusts nationwide, stocking our products in settings ranging from hospitals to community clinics. Taking away the stresses of being caught short allows staff to get on with what they do best – saving lives.

While we are proud to offer our disposable products to hospitals, our reusables have also proved a popular choice – particularly those working in theatre who do not have time to take a break and change. ”

**Georgie Nicholson, Hey Girls**



Want to get the period dignity conversation flowing for your staff? Say hey to Georgie now:  
[georgie@heygirls.co.uk](mailto:georgie@heygirls.co.uk)

**say hey...**

