



hey girls...

we're good for workplaces...

hey girls...
bringing period dignity and equality to workplaces...



how Network Rail partnered with hey girls...

In 2023, Network Rail partnered with Hey Girls to address Period Poverty and supply their customers and staff with free period products in over 700 transport hub locations.

This initiative, supported by Mitie, ensures that both travellers and staff have access to essential, environmentally friendly period products. This collaboration is aimed at reducing the stigma surrounding periods while offering practical support.

rail companies



business to business



period dignity at work



the need...

Before partnering with Hey Girls, there was no initiative to address period dignity. Now there are practical solutions in place to support staff and customers in their respective spaces while raising awareness about period health and equity.

the impact...

Providing free period products has a positive impact on staff well-being, fostering inclusivity and comfort in the workplace. It removes the stress of being caught without essential products.



the products...

Network Rail purchased a variety of dispensers and disposable products to place in over 700 locations across the UK.

“this is a fantastic scheme, not only providing products to our workforce but helping those in need too”

Rachael Kearns,
Route Property and Facilities
Manager

about the partnership...

Network Rail Strategic Account Director at Mitie, Kelly Parish, said: “We’re incredibly proud that Mitie and Network Rail are introducing free period products to hundreds of sites across the UK...Together we’re taking a significant step towards combating period poverty and ensuring dignity for all.”



Want to get the period dignity conversation flowing?
Say hey to the team now:
b2b@heygirls.co.uk

say hey...

